



Republic of the Philippines
CAGAYAN STATE UNIVERSITY- LASAM CAMPUS
Centro 02, Lasam, Cagayan 3524

COUNSELING AND CAREER SERVICES OFFICE (CCSO)
(Formerly called the Guidance and Counseling Center)

**COUNSELING AND CAREER SERVICES
FOR STUDENTS WITH SPECIAL NEEDS**

The Counseling and Career Services Office of CSU Lasam Campus promotes an accepting environment to all students, even making extra efforts to reach out learners with special needs to be empowered and enabled to win the challenges that they might be encountering every day in the different contexts that they are exposed with.

Extended services to them include individual counseling, referral, growth session on self-awareness and mental health awareness symposium to uphold their mental fitness in order to uplift their intrapersonal and interpersonal morale. All other services at the Guidance and Counseling Center are also rendered to them while upholding a non-discriminatory social climate. The Guidance Counselor always invites them to spend their leisure time at the Guidance and Counseling Center for healthy exchanges of thoughts, experiences and ideas that could help them live a fuller, richer and better life despite their peculiar abilities. They are also encouraged to always seek help from anyone in the Campus and never feel belittled for they are regarded as wonderful masterpieces in the campus. The counselor further reiterated to them that they are teaching everyone in the campus to become loving and gentle hence, they are indeed a blessing to the academic community. During the counseling session conducted to them they were able to voice out their honest evaluation of themselves prior to the information service rendered to them. The counselor also asked them if they have already been bullied but they could never recall a single person who may have treated them with contempt in the campus. Despite that, the counselor still pushes them to always tell anything to her which may made them feel uncomfortable because she could always come up with action that could make them feel at ease.

COUNSELING SERVICE

January to December, 2023

Nature of Counseling	College of Clientele		No. of Clientele		Type of Counseling				Counseling Status	
					Walk-in	Counselor Initiated	Referred		Terminated	Ongoing
							Internal	External		
Relationship Concern	CICS	4 th Yr	1	1	/	/			/	
Career Counseling	CIT	4 th Yr	1	0			/		/	

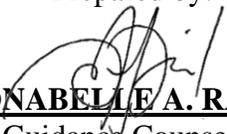


Information Service on Self-Awareness and Mental Health Awareness

Title of Growth Session	Date of Growth Session	College and Year of Clientele	Total No. of Served Clienteles	
			M	F
Mental Health Symposium	December 12, 2023 at 8:30 AM	CTED-BEED-1	4	13
		CTED-BSED-1	9	25
		CICS-BSIT-1	28	51
		CIT-Auto-1	32 (1 PWD)	0
		CIT-ELX-1	61 (1 PWD)	32 (2 PWD)
		CIT-FT-1	9 (1 PWD)	23
		CIT-MT-1	20	4
		CICS-4	1 (1 PWD)	1
		CIT-FT-4	1 (1 PWD)	0
		Faculty	1	4
TOTAL			166	153
Self-Awareness and Development for Student Leaders (with 2 PWD Peer Facilitators Club Officers)	September 8, 2023	CTED-BEED-2	1	gb0
		CTED-BEED-3	2	2
		CTED-BEED-4	1	2
		CTED-BSED-1	0	3
		CTED-BSED-2	3	0
		CTED-BSED-2	2	2
		CICS-BSIT-1	3	5
		CICS-BSIT-2	1	2
		CICS-BSIT-3	1	10
		CICS-BSIT-4	5 (1 PWD PFC Vice-President)	2
		CIT-Auto-1	1	0
		CIT-ELX-1	1	5
		CIT-ELX-2	10	0
		CIT-ELX-3	1	0
		CIT-ELX-4	1	0
		CIT-FT-1	2	1
		CIT-FT-2	0	3
CIT-FT-4	4 (1 PWD PFC Secretary)	0		
CIT-MT-1	1	2		
CIT-MT-2	1	1		
SUB- TOTAL			41	40
GRAND TOTAL			207	193
			400	

The growth session on self-awareness and mental health awareness symposium gave the counselor an ample time to emphasize before the participants (student leaders, first year students and PWD students) that they need not to suffer alone in their life's struggles, since the Peer Facilitators' Club (PFC) and the Counseling and Career Services Office (CCSO) will always serve as their compassionate partner and enthusiastic listeners about their life's whines and pains.

Prepared by:


RONABELLE A. RAMIL
 Guidance Counselor